(May Peace & Blessings Of Allah(swt) Be On Us All) Look What You Eat فَلْيَنظُرِ الْإِنسَانُ إِلَى طَعَامِهِ 80:24 تو انسان کو چاہیئے کہ اینے کھانے کی طرف نظر کرے 80:24 Then let man look to his food, 80:24 (Al Quran Chapter 80 Verses 24) above verse is to realize us of something that is most important to us but we hardly care to wait and look at what is keeping us alive BUT keeping fasts in Ramdan makes us to wait and see what is our need it is to realize the reality we have made cars and computers and what not BUT

did we make of anything that is on the table for us to eat we did not make even a single grain of rice or wheat out of all that is there for us to eat

Read Quran It Has Answers To Questions That We Don't Even Know To Ask